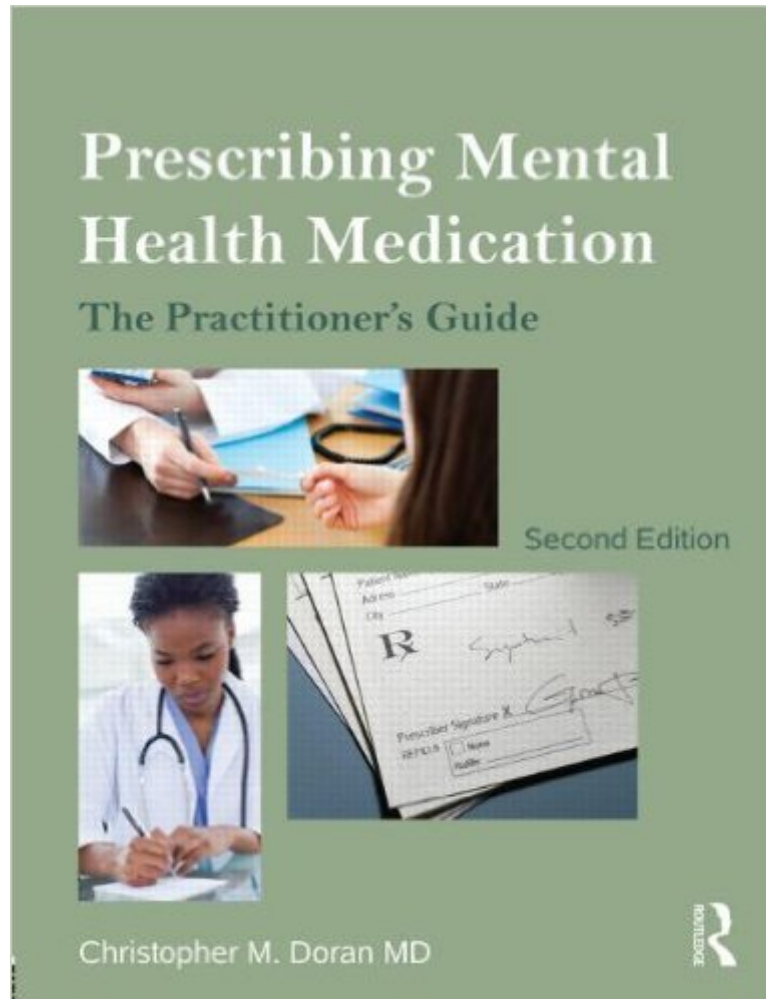The book was found

Prescribing Mental Health Medication: The Practitioner's Guide

Synopsis

Prescribing Mental Health Medication is a text for practitioners who treat mental disorders with medication. It explains the entire process of medication assessment, management and follow up for general medical practitioners, mental health practitioners, students, residents, prescribing nurses and others perfecting this skill. Already used by providers and training institutions throughout the world, the newly revised second edition is completely updated and focuses on the following key issues: How to determine if medication is needed Proper dosing and how to start and stop medication When to change medication Dealing with difficult patients Specific mental health symptoms and appropriate medication Special populations including pregnant women, substance abusers, children and adolescents, and the elderly Monitoring medication with blood levels Management of medication side effects and avoidance of medication risk The misuse of medication Prescription of generic preparations Prescriptions via the Internet, telemedicine, and electronic medical records Organizing a prescriptive office and record-keeping   Completely updated, this text includes information on all psychotropic medications in use in the United States and the United Kingdom. It incorporates clinical tips, sample dialogues for talking about medications to patients, and information specifically relevant in primary care settings.

Book Information

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Customer Reviews

Prescribing Mental Health Medication: The Practitioner's Guide is a one-of-a-kind practical framework for prescribing, monitoring, and stopping psychotropic medication. The book covers the

overall process of psychiatric medication management, from the initial interview to writing a prescription.The book is divided into five sections:1. General principles (~10% of book)2. Medication management start to finish (~25%)3. Medicating special populations (~30%)4. Medication dilemmas and their clinical management (~20%)5. Competent clinical practice (~15%)The author, Christopher Doran is a psychiatrist, and he includes his wife Maureen O'Keefe Doran who is an advanced practice registered nurse in the acknowledgments. He writes lucidly and especially practically. The book directly targets individuals prescribing psychiatric medication, primarily on an outpatient basis.The book is entirely in black and white with no colored images. There are adequate tables, charts, and graphs. No images. The margins are wide leaving space for taking extra notes. This book is not meant to provide the neuroscientific background or in-depth pharmacology of each individual drug class. The book is absolutely a no-nonsense guide to the practical aspects of prescription. The index is somewhat short, but this hasn't been a problem for me yet.As a psychiatric medication prescriber, I think this is a must-have. It is the most functional book on this topic that I have read. While Stephan Stahl provides detailed psychopharmacological principals, Doran gives you the nuts and bolts of the day-to-day practice of psychiatric medication management.

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